

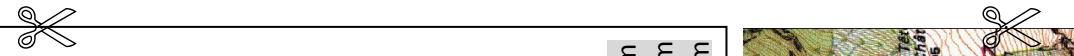
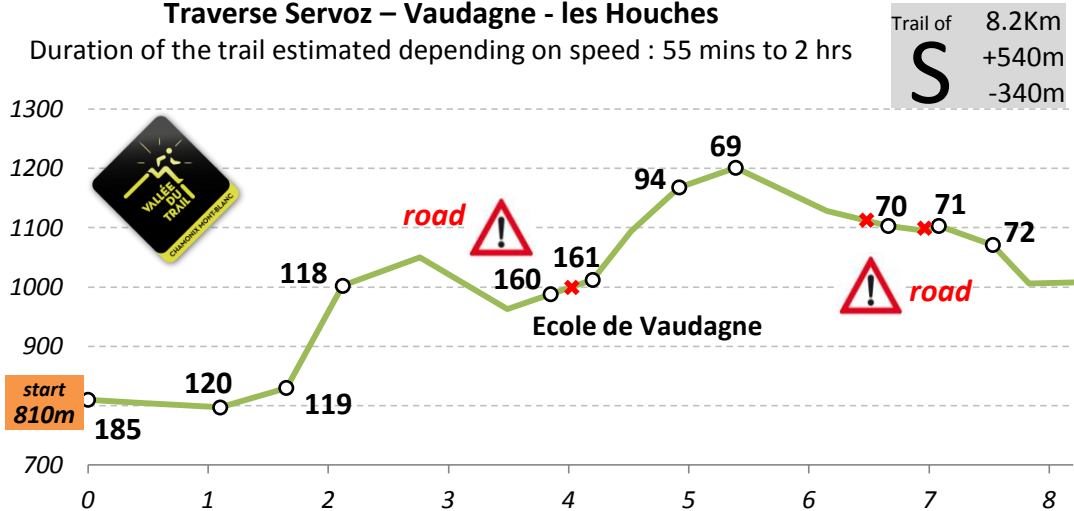
Trail of S

A trail in which the uphill dominates. The type of track is very varied - wide or narrow, more or less slippery... The descents are rolling and not too technical, making it a route that anyone can do as an introduction or for training.

Departing from the station at Servoz, the first kilometre is a run on a flattish descent. It follows the line of the Arve to the first difficulty - a steep but regular slope to the ruins of La Venaz. From there a traverse, where careful use of poles is required, leads to Vaudagne. The route through the village, via several steep slopes, takes in its school and chapel. The route then rejoins the forest to overcome the final "hump"... The arrival in the alpine meadows of Charousse, the high point of the run, offers a magnificent view of the Mont Blanc massif before a running descent into Les Houches.

Duration estimated depending on speed : 55 mins to 2 hrs

Trail of **S**
8.2Km
+540m
-340m



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8.2Km
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-340m

Start: SNCF station Servoz, cross the railway and follow the direction Servoz/le Bouchet from the signpost 185 (tarmac road). 350m away cross bridge over the Arve and descend to the left to join the river bank and follow the path into the forest. After 750m, go left over the bridge to get to signpost 120.

Finish: Les Houches - Le Prarion , bus stop (Line 1 terminus) and access to the SNCF stop at the Sainte

Signpost n° ► direction or instruction from this signpost

- 120 ► La Venaz
- 119 ► La Venaz
- 118 ► Vaudagne

Tarmac road. Follow the road, 500m away, to find on the right the signpost 160.

- 160 ► Charousse

Juste after the **Ecole de Vaudagne**, follow the little notice leading on the right.

- 161 ► Charousse

- 93 ► Charousse
- 69 ► Les Crêts
- 70 ► Les Crêts
- 71 ► Le Fouilly
- 72 ► Le Fouilly

Arriving on the road, follow the left-hand pavement to reach the **Prarion bus stop** (line 1 terminus), 400m away, or go to the SNCF stop at the Viaduct Sainte Marie (follow the arrows to the right before the bus stop).

